



**We are an organization dedicated to crafting hope, healing & peace  
one stitch at a time.**

### **THREE IN THE MIDDLE WASHCLOTH**

For those experiencing homelessness, a washcloth is a treasured item.

In our first 10 years, we served more than 100,000 individuals in communities across the United States and in countries around the world. If you would like more information about our work, please visit our website at [www.knitting4peace.org](http://www.knitting4peace.org).

**NOTE:** This pattern is a garter stitch square. You increase until the sides are the desired measurement. Placing a marker (pm) before and after the center stitch on increase rows and sliding it over (slm) on knit rows is very helpful.

**Finished size:**     7 inches for an infant or child's washcloth  
                          11 inches for an adult washcloth

[General Guidelines](#)

[Glossary of terms](#)

For current needs, see [our most recent newsletter](#)

#### **Materials:**

Needles: Size 7

Yarn: Cotton in variegated or solid colors such as Sugar 'n Cream, Cotton Ease or Bernat Handicrafter Cotton.

#### **Directions:**

##### **Increase Half**

Cast on 3 sts.

Row 1: K1, YO, pm, K1, pm, YO, K1 (right side)

Row 2: K across, moving markers as necessary

Row 3: K2, YO, slm, K1, slm, YO, K2

Row 4: K across

Continue the pattern, adding a yarn over before the first marker and a yarn over after the second marker on all odd numbered rows. Knit across on all even numbered rows.

Continue knitting until the sides measure as follows:

7 inches for an infant or child's washcloth

9 inches for an adult washcloth



Bind off loosely. No matter how much or how little you knit, the piece always will turn out to be a square.

**Finishing:** Weave in the ends.

**Variations:** You can use do the increase half in one color and the decrease half in a different color or use additional colors to create stripes.

**Bless your completed project with a hug and your love.** It will provide comfort, healing, and hope for the recipient.

Your compassion and love are as important as the work of your hands in “knitting together” the Beloved Community. Our work is only possible because of financial support from people like you. If you can, please consider including a donation of any size with your shipment of items. Every gift makes a difference!

**Send your completed project along with your name and e-mail address so we can acknowledge your contribution to**

**Knitting4Peace**  
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