



**We are an organization dedicated to crafting hope, healing & peace
one stitch at a time.**

FAST AND WARM ADULT HAT

In our first 10 years, we served more than 100,000 individuals in communities across the United States and in countries around the world. If you would like more information about our work, please visit our website at www.knitting4peace.org.

NOTE: We provide hats locally and globally, in warm climates and cold. This gives you many yarn options -cotton, blends, acrylic and wool.

Directions are for knitting flat with two needles or in the round with double points or a circular needle. The hat can be knit in one or more colors.

[General Guidelines](#) [Glossary of terms](#)

For our current needs, please refer to our [latest newsletter](#)

Gauge: 3.5 to 4 stitches to 1 inch

Materials:

Needles: Size 10.5 or size needles to knit at gauge

Yarn: Soft, washable bulky weight

Tapestry or yarn needle

Directions for knitting with two needles:

Cast on 64 sts.

1. K1 P1 rib for 3 inches
2. Stockinette stitch (Knit one row, purl 1 row) for 5 inches more-total of 8" from cast on edge.
3. Begin decreases.

Row 1: *Knit 6, K2 tog* across row (56 sts)

Row 2 and all even numbered rows: Purl across

Row 3: *Knit 5, K2 tog* together across row (48 sts)

Row 5: *Knit 4, K2 tog* (40 sts)

Row 7: *Knit 3, Knit 2 tog* across row (32 sts)

Row 9: *Knit 2, Knit 2 tog* across row (24 sts)

Row 11: *Knit 1, Knit 2 tog* across row and leave an 18 inch tail (16 sts)

Row 13: *Knit 2 tog* across row (8 sts)

Finishing:

1. Leaving a very long tail, cut yarn. Thread the tapestry or yarn needle, and draw through remaining sts, going around twice.
2. Turn the hat inside out and sew down the back seam. Weave in the ends. Turn up the ribbed section.

Directions for knitting in the round:

Cast on 64 sts. Join to knit in the round, be careful not to twist the stitches.

Mark the beginning of the round.

1. K1 P1 rib for 3 inches
2. Knit for 5 inches more-total of 8" from cast on edge.
3. Begin decreases.

Round 1: *Knit 6, K2 tog* (56 sts)

Round 2 and all even numbered rounds: Knit

Round 3: *Knit 5, K2 tog* (48 sts)

Round 5: *Knit 4, K2 tog* (40 sts)

Round 7: *Knit 3, Knit 2 tog* across row (32 sts)

Round 9: *Knit 2, Knit 2 tog* across row (24 sts)

Round 11: *Knit 1, Knit 2 tog* across row and leave an 18 inch tail (16 sts)

Round 13: *Knit 2 tog* (8 sts)

Finishing:

1. Leaving a long tail, cut yarn. Thread the tapestry or yarn needle, and draw through remaining stitches, going around twice.
2. Weave in the ends. Turn up the ribbed section.

Bless your completed project with a hug and your love. It will provide comfort, healing, and hope for the recipient.

Your compassion and love are as important as the work of your hands in "knitting together" the Beloved Community. Our work is only possible because of financial support from people like you. If you can, please consider including a donation of any size with your shipment of items. Every gift makes a difference!

Send your completed project along with your name and e-mail address so we can acknowledge your contribution to

Knitting4Peace
2600 Leyden St.
Denver, CO 80207