



**We are an organization dedicated to crafting hope, healing & peace
one stitch at a time.**

EASY BABY PEACE PAL

Pattern modified by Mary Ellen Garrett
Denver Interfaith Peace Pod

The original pattern was intentionally developed by knitters of Knitting4Peace to create comforting companions for children in global areas of conflict. The current version reflects current needs, both at home and abroad. These dolls have delighted children across the United States and around the world.

Peace Pals are not to be sold or used for profit-based activity of any kind. They are intended to fulfill the mission and work of Knitting4Peace.

In our first 10 years, we served more than 100,000 individuals in communities across the United States and in countries around the world. If you would like more information about our work, please visit our website at www.knitting4peace.org.

NOTE:

Finished size: 5 to 6 inches tall

[General Guidelines](#)

[Glossary of terms](#)

For current needs, see [our most recent newsletter](#)

Materials:

Needles: size 4

Yarn: Worsted weight – use your odds & ends

For faces: light brown, medium brown, dark brown – please, **no white**

Yarn for eyes and mouth in colors that contrast with the face color

Eyelash yarn or other fuzzy/funky yarn for hair

Polyester fiber-fill for stuffing

Needle for sewing up the doll

Directions:

Body

Cast on 18 stitches, leaving 5-6” tail

Rounds 1-5: K

Round 6: P

Round 7: K2, Make 1 to end of row: 24 stitches

Round 8 and all even-numbered rows: Purl

Round 9 and all odd-numbered rows: Knit

Continue in stockinette pattern until pal measures 3 1/2 inches.

On last row before face, a wrong-side row, P 6, P2Tog to end of row: 21 stitches

Cut yarn, leaving a 4" tail.

Face

Change to face color yarn

K1 row, P1 row, 4 times: total of 8 rows

Cut yarn, leaving a 4" tail.

Hair

Change to hair yarn.

K 2 rows

K5, K2Tog to end of row: 18 stitches

K4, K2Tog to end of row: 15 stitches

K3, K2Tog to end of row: 12 stitches

K2, K2Tog to end of row: 9 stitches

K1, K2Tog to end of row: 6 stitches

Finishing:

1. Using yarn or embroidery floss, sew eyes and mouth onto pal, knotting and concealing the ends on the wrong side.
2. With wrong sides of the pal facing each other, using tapestry needle and the yarn ends of each section (hair, face, body), sew the 2 sides together.
3. Weave all yarn ends in, except for the starting tail at the bottom of the pal, and trim ends.
4. Turn pal right side out.
5. Stuff with fiberfill.
6. Using starting yarn tail, gather the bottom edge of the pal and pull tight, securing yarn end.
7. Neck: Using the tapestry needle and ~ 9" of yarn in the color of the body or shirt, thread the yarn over and under through the stitches of the top row before the face. Pull to create a "neck". Knot the yarn and trim the ends. Pull knot and ends inside the pal with crochet hook.
8. Please do not use buttons, beads or charms on baby peace pals.
9. No other seams needed: baby peace pals don't need to have arms or legs.

Variations

Change colors after 16 rows, so the upper portion becomes a "shirt".

Purl 1st row of shirt color to add texture.

Bless your completed project with a hug and your love. It will provide comfort, healing, and hope for the recipient.

Your compassion and love are as important as the work of your hands in “knitting together” the Beloved Community. Our work is only possible because of financial support from people like you. If you can, please consider including a donation of any size with your shipment of items. Every gift makes a difference!

Send your completed project along with your name and e-mail address so we can acknowledge your contribution to

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