



**We are an organization dedicated to crafting hope, healing & peace
one stitch at a time.**

KNIT COTTON BIB – 3 OPTIONS

In our first 10 years, we served more than 100,000 individuals in communities across the United States and in countries around the world. If you would like more information about our work, please visit our website at www.knitting4peace.org.

Finished size: About 7.5 inches x 8.5 inches. The circumference of the neck should be twice the width of the bib when stretched.

[General Guidelines](#)

[Glossary of terms](#)

For current needs, see [our most recent newsletter](#)

This pattern is an easy knit bib. The neckline is made in the round with a K3, P3 rib. This provides a bib that slips easily over the baby's head without the need for buttons, snaps, or ties. It also honors our commitment to the fundamental element of 3.

Yarn: Small plum sized ball of soft yarn, fingering through worsted weight. And about a half skein of (Sugar 'n Cream or Bernat Handicrafter Cotton) NOTE: The neck rib is made with synthetic yarn or wool as it has more elasticity than cotton. Cotton yarn is used for the bib part as it is more absorbent.

Needles: US Size 3 (3.25mm) 16" circular or DPN for fingering weight yarn, Size 5 (3.75mm) for cotton.

Directions:

Using the fingering weight to worsted weight yarn, cast on 102 stitches. Join, being careful not to twist. Place marker.

Knit in ribbing of K3, P3, for 12 rows. Bind off all but 41 stitches. Cut off that yarn and switch to the cotton yarn.



Option 1

Option 1: Garter Stitch

Knitting flat with size 5 needles, K across each row until bib part measures 8 1/2 inches. Bind off . Weave in ends.



Option 2

Row 8: K4, p5, *k2, p5; rep from * to last 4 sts, k4.
Repeat these 8 rows 7 times (or until bib is about 8" long). Knit for 6 rows. Bind off.
Weave ends in.

Option 2: Spiral Pattern

Knitting flat with size 5 needles, knit for 6 rows (garter stitch)

Begin pattern:

Row 1 (RS right side): K3, p2, k4, *p3, k4; rep from * to last 4 sts, p1, k3.

Row 2: K4, p3, *k4, p3; rep from * to last 6 sts, k6.

Row 3: K3, p1, k1, p2, *k2, p2, k1, p2; rep from * to last 6 sts, k2, p1, k3. Row 4: K4, p1, k2, p2, *k2, p1, k2, p2; rep from * to last 4 sts, k4.

Row 5: K3, p1, k3, *p4, k3; rep from * to last 6 sts, p3, k3.

Row 6: K5, p4, *k3, p4; rep from * to last 4 sts, k4.

Row 7: K3, p1, k5, *p2, k5; rep from * to last 4 sts, p1, k3.



Option 3

Option 3: Looe Eddystone

Knitting flat with size 5 needles, knit for 6 rows (garter stitch)

Begin pattern:

Row 1 and every alternate row(RS): Knit.

Row 2: K4, p2, k7, *p4, k7; rep from last * to last 6 sts, p2, k4.

Row 4: K4, p3, k5, *p6, k5; rep from last * to last 7 sts, p3, k4.

Row 6: K4, p4, k3, *p8, k3; rep from last * to last 8 sts, p4, k4. Row 8 and 10: K4, p5, k1, *p10, k1; rep from last * to last 9 sts, p5, k4.

Work 4 rows in stockinette stitch. Repeat these 14 rows until about 8 inches.

Knit 6 rows (garter stitch).

Bind off.

Weave ends in.

Bless your completed project with a hug and your love. It will provide comfort, healing, and hope for the recipient.



Your compassion and love are as important as the work of your hands in “knitting together” the Beloved Community. Our work is only possible because of financial support from people like you. If you can, please consider including a donation of any size with your shipment of items. Every gift makes a difference!

Send your completed project along with your name and e-mail address so we can acknowledge your contribution to

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